

Welcome to
ST PETER'S EASTERN HILL

*Diocese of Melbourne - Anglican Church of Australia
Parish Church of the City since 1846*



TENEBRAE

Mattins and Lauds for Holy Saturday

Friday, 15th April 2022

8:00pm

TENEBRAE

Welcome to St Peter's for this meditative service of prayer and music. The service of Tenebrae (lit. 'darkness') is an amalgam of the monastic offices of Mattins and Lauds.

There are Tenebrae services proper for Wednesday, Thursday and Friday evenings of Holy Week, each anticipating the following day. Thus, this service on Friday evening is in fact the first service of Holy Saturday.

There are two main components to the service – the psalms, and the readings with their responsaries. When reciting the psalms, it is traditional to **pause at the colon (:)** in the middle of each verse.

The readings, from the Lamentations of Jeremiah, from St Augustine's treatise on the Psalms, and from the Letter to the Hebrews, are interspersed with Carlo Gesualdo's (1566 – 1613) "Responsories for Holy Saturday", sung by the choir.

Throughout the service candles are slowly extinguished, until the church is in darkness. After the final prayers one candle returns, signifying the hope of the Resurrection.

At the conclusion of the service the choir sings Allegri's "Miserere".

There will be collection as you leave the church, should you wish to make a donation towards the work of St Peter's Eastern Hill.

Please turn off your mobile phone throughout the service.

MATTINS FOR HOLY SATURDAY

Please kneel sanctuary party enters in silence.

After a period of opening silence, all stand and pray silently:

OUR Father, which art in heaven, Hallowed be thy name; Thy kingdom come; Thy will be done; In earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

HAIL Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

I BELIEVE in God the Father Almighty, Maker of heaven and earth: ^[...]_[SEP] And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried, He descended into hell; The third day he rose again from the dead, He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; The holy catholic Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body; And the Life everlasting. Amen.

All sit after the first verse of the first Psalm.

NOCTURN I

Antiphon 1 In peace:

I will lie down and sleep

Psalm 4. *Cum invocarem*

1. Hear me when I call, O God of my righteousness: thou hast set me at liberty when I was in trouble; have mercy upon me, and hearken unto my prayer.
2. **O ye sons of men, how long will ye blaspheme mine honour: and have such pleasure in vanity, and seek after leasing?**
3. Know this also, that the Lord hath chosen to himself the man that is godly: when I call upon the Lord, he will hear me.

4. **Stand in awe, and sin not: commune with your own heart, and in your chamber, and be still.**
5. Offer the sacrifice of righteousness: and put your trust in the Lord.
6. **There be many that say: Who will shew us any good?**
7. Lord, lift thou up: the light of thy countenance upon us.
8. **Thou hast put gladness in my heart: since the time that their corn and wine and oil increased.**
9. I will lay me down in peace, and take my rest: for it is thou, Lord, only, that makest me dwell in safety.

Antiphon 1 In peace:
 I will lie down and sleep

Antiphon 2 He shall dwell in your tabernacle:
 he shall rest upon your holy hill

Psalm 15. *Domine, quis habitabit?*

1. Lord, who shall dwell in thy tabernacle : or who shall rest upon thy holy hill?
2. **Even he that leadeth an uncorrupt life : and doeth the thing which is right, and speaketh the truth from his heart.**
3. He that hath used no deceit in his tongue, nor done evil to his neighbour: and hath not slandered his neighbour.
4. **He that setteth not by himself, but is lowly in his own eyes : and maketh much of them that fear the Lord.**
5. He that sweareth unto his neighbour, and disappointeth him not : though it were to his own hindrance.
6. **He that hath not given his money upon usury : nor taken reward against the innocent.**
7. Whoso doeth these things : shall never fall.

Antiphon 2 He shall dwell in your tabernacle:
 he shall rest upon your holy hill

Antiphon 3 My flesh also:
shall rest secure

Psalm 16. *Conserva me, Domine*

1. Preserve me, O God : for in thee have I put my trust.
2. **O my soul, thou hast said unto the Lord : Thou art my God, my goods are nothing unto thee.**
3. All my delight is upon the saints, that are in the earth : and upon such as excel in virtue.
4. **But they that run after another god : shall have great trouble.**
5. Their drink-offerings of blood will I not offer : neither make mention of their names within my lips.
6. **The Lord himself is the portion of mine inheritance, and of my cup: thou shalt maintain my lot.**
7. The lot is fallen unto me in a fair ground : yea, I have a goodly heritage.
8. **I will thank the Lord for giving me warning : my reins also chasten me in the night-season.**
9. I have set God always before me : for he is on my right hand, therefore I shall not fall.
10. **Wherefore my heart was glad, and my glory rejoiced : my flesh also shall rest in hope.**
11. For why? thou shalt not leave my soul in hell : neither shalt thou suffer thy Holy One to see corruption.
12. **Thou shalt shew me the path of life; in thy presence is the fulness of joy : and at thy right hand there is pleasure for evermore.**

Antiphon 3 My flesh also:
shall rest secure

- V. I will lay down in peace.
R. **And take my rest.**

All stand and pray silently

OUR Father, which art in heaven, Hallowed be thy name; Thy kingdom come; Thy will be done; In earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

All sit

Lesson 1 From the Lamentation of Jeremiah the Prophet

Responsory 1 *Sicut ovis*

Sicut ovis ad occisionem ductus est, et dum male tractaretur, non aperuit os suum: traditus est ad mortem: ut vivificaret populum suum. Tradidit in mortem animam suam, et inter iniquos reputatus est.

He was led like a lamb to the slaughter, and while they treated him ill, he opened not his mouth: he was led to his death that his people might live. He gave up his soul to death and was counted among the wrongdoers.

Lesson 2 From the Lamentation of Jeremiah the Prophet (continued)

Responsory 2 *Jerusalem, surge*

Jerusalem, surge et exue te vestibus jucunditatis: induere te cinere et cilicio: Quia in te occisus est Salvator Israel. Deduc quasi torrentem lacrimas per diem et noctem, et non taceat pupilla oculi tui.

Jerusalem arise and cast off thy garments of rejoicing: with sackcloth and ashes cover thyself: for in thee was put to death the Redeemer of Israel. Let thy tears fall like a flood day and night, and let not thine eyes be dried.

Lesson 3 From the Lamentation of Jeremiah the Prophet (continued)

Responsory 3 *Plange quasi virgo*

Plange quasi virgo, plebs mea: ululate, pastores, in cinerere et cilicio: quia veniet dies Domini magna, et amara valde. Accingite vos, sacerdotes, et plangite, ministri altaris, aspergite vos cinere.

Weep like a maiden, my people, wail, ye shepherds, in your sackcloth and ashes: for the great day of the Lord cometh, a day full of bitterness. Lament, O ye priests, ye ministers of the altars, pour ashes upon yourselves.

NOCTURN II

Antiphon 1 Be ye lift up, ye everlasting doors:
 and the King of glory shall come in

Psalm 24. *Domini est terra*

1. The earth is the Lord's and all that therein is : the compass of the world, and they that dwell therein.
2. **For he hath founded it upon the seas : and stablished it upon the floods.**
3. Who shall ascend into the hill of the Lord? : or who shall rise up in his holy place?
4. **Even he that hath clean hands, and a pure heart; : and that hath not lift up his mind unto vanity, nor sworn to deceive his neighbour.**
5. He shall receive the blessing from the Lord, : and righteousness from the God of his salvation.
6. **This is the generation of them that seek him : even of them that seek thy face, O God of Jacob.**
7. Lift up your heads, O ye gates; and be ye lift up, ye everlasting doors; : and the King of glory shall come in.
8. **Who is this King of glory? : It is the Lord strong and mighty, even the Lord mighty in battle.**
9. Lift up your heads, O ye gates; and be ye lift up, ye everlasting doors : and the King of glory shall come in.
10. **Who is this King of glory? : Even the Lord of hosts, he is the King of glory.**

Antiphon 1 Be ye lift up, ye everlasting doors:
and the King of glory shall come in

Antiphon 2 I believe verily to see:
The goodness of the Lord

Psalm 27. *Dominus illuminatio*

1. The Lord is my light and my salvation; whom then shall I fear? : the Lord is the strength of my life; of whom then shall I be afraid
2. **When the wicked, even mine enemies and my foes, came upon me to eat up my flesh : they stumbled and fell.**
3. Though an host of men were laid against me, yet shall not my heart be afraid : and though there rose up war against me, yet will I put my trust in him.
4. **One thing have I desired of the Lord, which I will require : even that I may dwell in the house of the Lord all the days of my life, to behold the fair beauty of the Lord, and to visit his temple.**
5. For in the time of trouble he shall hide me in his tabernacle : yea, in the secret place of his dwelling shall he hide me, and set me up upon a rock of stone.
6. **And now shall he lift up mine head : above mine enemies round about me.**
7. Therefore will I offer in his dwelling an oblation, with great gladness : I will sing and speak praises unto the Lord.
8. **Hearken unto my voice, O Lord, when I cry unto thee : have mercy upon me, and hear me.**
9. My heart hath talked of thee, Seek ye my face : Thy face, Lord, will I seek.
10. **O hide not thou thy face from me : nor cast thy servant away in displeasure.**
11. Thou hast been my succour : leave me not, neither forsake me, O God of my salvation.
12. **When my father and my mother forsake me : the Lord taketh me up.**
13. Teach me thy way, O Lord : and lead me in the right way, because of mine enemies.
14. **Deliver me not over into the will of mine adversaries : for there are false witnesses risen up against me, and such as speak wrong.**

15. I should utterly have fainted : but that I believe verily to see the goodness of the Lord in the land of the living.

16. O Tarry thou the Lord's leisure : be strong, and he shall comfort thine heart; and put thou thy trust in the Lord.

Antiphon 2 I believe verily to see:
the goodness of the Lord

Antiphon 3 Thou, Lord, hast brought:
My soul out of hell.

Psalm 30. *Exaltabo te, Domine*

1. I will magnify thee, O Lord; for thou hast set me up : and not made my foes to triumph over me.
- 2. O Lord my God, I cried unto thee : and thou hast healed me.**
3. Thou, Lord, hast brought my soul out of hell : thou hast kept my life, that I should not go down into the pit.
- 4. Sing praises unto the Lord, O ye saints of his : and give thanks unto him, for a remembrance of his holiness.**
5. For his wrath endureth but the twinkling of an eye, and in his pleasure is life : heaviness may endure for a night, but joy cometh in the morning.
- 6. And in my prosperity I said, I shall never be removed : thou, Lord, of thy goodness, hast made my hill so strong.**
7. Thou didst turn thy face from me : and I was troubled.
- 8. Then cried I unto thee, O Lord : and gat me to my Lord right humbly.**
9. What profit is there in my blood : when I go down into the pit?
- 10. Shall the dust give thanks unto thee? : or shall it declare thy truth?**
11. Hear, O Lord, and have mercy upon me : Lord, be thou my helper.
- 12. Thou hast turned my heaviness into joy : thou hast put off my sackcloth, and girded me with gladness:**
- 13. Therefore shall every good man sing of thy praise without ceasing : O my God, I will give thanks unto thee for ever.**

Antiphon 3 Thou, Lord, hast brought:
My soul out of hell.

V. Be merciful unto me, O Lord.

R. **Raise me up again, and I shall reward them**

All stand and pray silently:

OUR Father, which art in heaven, Hallowed be thy name; Thy kingdom come; Thy will be done; In earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

All sit

Lesson 4 From the Treatise of St Augustine on the Psalms

Responsory 4 *Recessit pastor noster*

Recessit pastor noster, fons aquae vivae, ad cuius transitum sol obscuratus est: nam et ille captus est, qui captivum tenebat primum hominem: hodie portas mortis et seras pariter Salvator noster dirupit. Destruxit quidem claustra inferni, et subvertit potentias diaboli.

Our shepherd, the fount of the living water, is gone, at whose passing the sun was darkened: for he is taken, who took captive the first man: today our Saviour burst open both the gates and the bolts of death. He destroyed the prisons of hell, and overthrew the might of the devil.

Lesson 5 From the Treatise of St Augustine on the Psalms (continued)

Responsory 5 *O vos omnes*

O vos omnes, qui transitis per viam, attendite, et videte: si est dolor similis sicut dolor meus. Attendite, universi populi et videte dolorem meum.

O all ye that pass by the way, attend and see: if there be any sorrow like my sorrow. Watch, all ye people, and see my sorrow.

Lesson 6 From the Treatise of St Augustine on the Psalms (continued)

Responsory 6 *Ecce quomodo*

Ecce quomodo moritur justus, et nemo percipit corde: et viri justi toluntur, a facie iniquitatis sublatus est justus: et erit in pace memoria ejus. Tamquam agnus coram tondente se obmutuit, et non aperuit os suum: de angustia, et de judicio sublatus est.

Behold how the just man dies, and no one takes it to heart; and the just men are taken away and no one cares about it: the just man has been taken away from the face of iniquity: and his memory shall be in peace. He was mute as a lamb before the shearer, and he opened not his mouth: he was taken away from anguish and from judgement.

NOCTURN III

Antiphon 1 Behold, God is my helper:
The Lord is with them that uphold my soul.

Psalm 54. *Deus, in nomine*

1. Save me, O God, for thy Name's sake : and avenge me in thy strength.
2. **Hear my prayer, O God : and hearken unto the words of my mouth.**
3. For strangers are risen up against me : and tyrants, which have not God before their eyes, seek after my soul.
4. **Behold, God is my helper : the Lord is with them that uphold my soul.**
5. He shall reward evil unto mine enemies : destroy thou them in thy truth.
6. **An offering of a free heart will I give thee, and praise thy Name, O Lord : because it is so comfortable.**
7. For he hath delivered me out of all my trouble : and mine eye hath seen his desire upon mine enemies.

Antiphon 1 Behold, God is my helper:
The Lord is with them that uphold my soul.

Antiphon 2 At Salem is his tabernacle:
And his dwelling in Zion

Psalm 76. *Notus in Judaea*

1. In Judah is God known : his Name is great in Israel.
2. **At Salem is his tabernacle : and his dwelling in Sion.**
3. There brake he the arrows of the bow : the shield, the sword, and the battle.
4. **Thou art glorious in might : when thou comest from the hills of the robbers.**
5. The proud are robbed, they have slept their sleep : and all the men whose hands were mighty have found nothing.
6. **At thy rebuke, O God of Jacob : both the chariot and horse are fallen.**
7. Thou, even thou art to be feared : and who may stand in thy sight when thou art angry?
8. **Thou didst cause thy judgment to be heard from heaven : the earth trembled, and was still,**
9. When God arose to judgment : and to help all the meek upon earth.
10. **The fierceness of man shall turn to thy praise : and the fierceness of them shalt thou refrain.**
11. Promise unto the Lord your God, and keep it, all ye that are round about him : bring presents unto him that ought to be feared.
12. **He shall refrain the spirit of princes : and is wonderful among the kings of the earth.**

Antiphon 2 At Salem is his tabernacle:
 And his dwelling in Zion

Antiphon 3 Lord, I have called daily upon thee:
 I have stretched forth my hands unto thee

Psalm 88. *Domine, Deus*

1. Lord God of my salvation, I have cried day and night before thee : O let my prayer enter into thy presence, incline thine ear unto my calling;
2. **For my soul is full of trouble : and my life draweth nigh unto the grave.**
3. I am counted as one of them that go down into the pit : and I am even as a man that hath no strength;
4. **Cast off among the dead, like unto them that are slain, and lie in the grave : who are out of remembrance, and are cut away from thy hand.**

5. Thou hast laid me in the lowest pit : in a place of darkness, and in the deep.
6. **Thine indignation lieth hard upon me : and thou hast vexed me with all thy storms.**
7. Thou hast put away mine acquaintance far from me : and made me to be abhorred of them.
8. **I am so fast in prison : that I cannot get forth.**
9. My sight faileth for very trouble : Lord, I have called daily upon thee, I have stretched forth my hands unto thee.
10. **Dost thou show wonders among the dead? : or shall the dead rise up again, and praise thee?**
11. Shall thy loving-kindness be showed in the grave? : or thy faithfulness in destruction?
12. **Shall thy wondrous works be known in the dark? : and thy righteousness in the land where all things are forgotten?**
13. Unto thee have I cried, O Lord: and early shall my prayer come before thee.
14. **Lord, why abhorrest thou my soul : and hidest thou thy face from me?**
15. I am in misery, and like unto him that is at the point to die : even from my youth up, thy terrors have I suffered with a troubled mind.
16. **Thy wrathful displeasure goeth over me : and the fear of thee hath undone me.**
17. They came round about me daily like water : and compassed me together on every side.
18. **My lovers and friends hast thou put away from me : and hid mine acquaintance out of my sight.**

Antiphon 3 Lord, I have called daily upon thee:
I have stretched forth my hands unto thee

Antiphon 2 At Salem is his tabernacle
And his dwelling in Zion.

All stand and pray silently:

OUR Father, which art in heaven, Hallowed be thy name; Thy kingdom come; Thy will be done; In earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

All sit

Lesson 7 From the Epistle to the Hebrews

Responsory 7 *Astiterunt reges*

Astiterunt reges terrae, et principes convenerunt in unum: et adversus Christum ejus. Quare fremuerunt gentes, et populi meditati sunt in ania?

The kings of the earth stood up, and the princes joined together, against the Lord, and against his Christ. Why did the people rage, and the multitude think mad things?

Lesson 8 From the Epistle to the Hebrews (continued)

Responsory 8 *Aestimatus sum*

Aestimatus sum cum descendentibus in lacum: factus sum sicut homo sine adjutorio, inter mortuos liber. Posuerunt me in lacu inferiori, in tenebrosis, et umbra mortis.

I am counted among those that go down to the depths: I am as a man without help, free among the dead. They have laid me in the lower pit, in darkness, and in the shadow of death

Lesson 9 From the Epistle to the Hebrews (continued)

Responsory 9 *Sepulto Domino*

Sepulto Domino, signatum est monumentum, volventes lapidem ad ostium monumenti: ponentes milites, qui custodirent illum. Accedentes principes sacerdotum ad Pilatum, petierunt illum.

When the Lord was buried, they sealed up the tomb, rolling a stone before the entrance to the sepulchre: placing soldiers to guard it. The chief priests went to Pilate and petitioned him.

LAUDS FOR HOLY SATURDAY

Antiphon 1 O death, I will be thy plagues:
 O grave, I will be thy destruction

Psalm 51. *Miserere mei, Deus*

1. Have mercy upon me, O God, after thy great goodness : according to the multitude of thy mercies do away mine offences.
2. **Wash me thoroughly from my wickedness : and cleanse me from my sin.**
3. For I acknowledge my faults : and my sin is ever before me.
4. **Against thee only have I sinned, and done this evil in thy sight : that thou mightest be justified in thy saying, and clear when thou shalt judge.**
5. Behold, I was shapen in wickedness : and in sin hath my mother conceived me.
6. **But lo, thou requirest truth in the inward parts : and shalt make me to understand wisdom secretly.**
7. Thou shalt purge me with hyssop, and I shall be clean : thou shalt wash me, and I shall be whiter than snow.
8. **Thou shalt make me hear of joy and gladness : that the bones which thou hast broken may rejoice.**
9. Turn thy face from my sins : and put out all my misdeeds.
10. **Make me a clean heart, O God : and renew a right spirit within me.**
11. Cast me not away from thy presence : and take not thy holy Spirit from me.
12. **O give me the comfort of thy help again : and stablish me with thy free Spirit.**
13. Then shall I teach thy ways unto the wicked : and sinners shall be converted unto thee.
14. **Deliver me from blood-guiltiness, O God, thou that art the God of my health : and my tongue shall sing of thy righteousness.**
15. Thou shalt open my lips, O Lord : and my mouth shall show thy praise.
16. **For thou desirest no sacrifice, else would I give it thee : but thou delightest not in burnt-offerings.**

17. The sacrifice of God is a troubled spirit : a broken and contrite heart,
O God, shalt thou not despise.

**18. O be favourable and gracious unto Sion : build thou the walls of
Jerusalem.**

19. Then shalt thou be pleased with the sacrifice of righteousness, with the
burnt-offerings and oblations : then shall they offer young bullocks
upon thine altar.

Antiphon 1 O death, I will be thy plagues:
O grave, I will be thy destruction

Antiphon 2 They shall mourn for him, as one mourneth for his only
son:
For the Lord, who is without sin, is slain

Psalm 92. *Bonum est confiteri*

1. It is a good thing to give thanks unto the Lord : and to sing praises unto
thy Name, O Most Highest;
- 2. To tell of thy loving-kindness early in the morning : and of thy
truth in the night season;**
3. Upon an instrument of ten strings, and upon the lute : upon a loud
instrument, and upon the harp.
- 4. For thou, Lord, hast made me glad through thy works : and I will
rejoice in giving praise for the operations of thy hands.**
5. O Lord, how glorious are thy works! : thy thoughts are very deep.
- 6. An unwise man doth not well consider this : and a fool doth not
understand it.**
7. When the ungodly are green as the grass, and when all the workers of
wickedness do flourish : then shall they be destroyed for ever; but thou,
Lord, art the Most Highest for evermore.
- 8. For lo, thine enemies, O Lord, lo, thine enemies shall perish : and
all the workers of wickedness shall be destroyed.**
9. But my horn shall be exalted like the horn of an unicorn : for I am
anointed with fresh oil.
- 10. Mine eye also shall see his lust of mine enemies : and mine ear
shall hear his desire of the wicked that arise up against me.**
11. The righteous shall flourish like a palm-tree : and shall spread abroad
like a cedar in Lebanon.
- 12. Such as are planted in the house of the Lord : shall flourish in the
courts of the house of our God.**

13. They also shall bring forth more fruit in their age : and shall be fat and well-liking;

14. That they may show how true the Lord my strength is : and that there is no unrighteousness in him.

Antiphon 2 They shall mourn for him, as one mourneth for his only son:
For the Lord, who is without sin, is slain

Antiphon 3 All ye that pass by, behold:
And see if there be any sorrow like unto my sorrow

Psalm 64. *Exaudi, Deus*

1. Hear my voice, O God, in my prayer : preserve my life from fear of the enemy.

2. Hide me from the gathering together of the froward : and from the insurrection of wicked doers;

3. Who have whet their tongue like a sword : and shoot out their arrows, even bitter words;

4. That they may privily shoot at him that is perfect : suddenly do they hit him, and fear not.

5. They encourage themselves in mischief : and commune among themselves, how they may lay snares; and say, that no man shall see them.

6. They imagine wickedness, and practise it : that they keep secret among themselves, every man in the deep of his heart.

7. But God shall suddenly shoot at them with a swift arrow : that they shall be wounded.

8. Yea, their own tongues shall make them fall : insomuch that whoso seeth them shall laugh them to scorn.

9. And all men that see it shall say, This hath God done : for they shall perceive that it is his work.

10. The righteous shall rejoice in the Lord, and put his trust in him : and all they that are true of heart shall be glad.

Antiphon 3 All ye that pass by, behold:
And see if there be any sorrow like unto my sorrow

Antiphon 4 From the gates of hell:
O Lord deliver my soul

The Song of Hezekiah

1. I said in the cutting off of my days, I shall go to the gates of the grave : I am deprived of the residue of my years.
2. **I said, I shall not see the Lord, even the Lord, in the land of the living : I shall behold man no more with the inhabitants of the world.**
3. Mine age is departed, and is removed from me as a shepherd's tent; I have cut off like a weaver my life : he will cut me off with pining sickness; from day even to night wilt thou make an end of me.
4. **I reckoned till morning, that, as a lion, so will he break all my bones : from day even to night wilt thou make an end of me.**
5. Like a crane or a swallow, so did I chatter, I did mourn as a dove : mine eyes fail with looking upward, O Lord, I am oppressed; undertake for me.
6. **What shall I say? he hath both spoken unto me, and himself hath done it: I shall go softly all my years in the bitterness of my soul.**
7. O Lord, by these things men live, and in all these things is the life of my spirit : so wilt thou recover me, and make me to live.
8. **Behold, for peace I had great bitterness : but thou hast in love to my soul delivered it from the pit of corruption; for thou hast cast all my sins behind thy back.**
9. For the grave cannot praise thee, death can not celebrate thee : they that go down into the pit cannot hope for thy truth.
10. **The living, the living, he shall praise thee, as I do this day : the father to the children shall make known thy truth.**
11. The Lord was ready to save me: therefore we will sing my songs to the stringed instruments all the days of our life in the house of the Lord.

Antiphon 4 From the gates of hell:
O Lord deliver my soul

Antiphon 5 All ye that pass by, behold:
And see if there be any sorrow like unto my sorrow

Psalm 150. *Laudate Dominum*

1. Praise God in his sanctuary : praise him in the firmament of his power.
2. **Praise him in his noble acts : praise him according to his excellent greatness.**
3. Praise him in the sound of the trumpet : praise him upon the lute and harp.
4. **Praise him in the timbrels and dances : praise him upon the strings and pipe.**
5. Praise him upon the well-tuned cymbals : praise him upon the loud cymbals.
6. **Let every thing that hath breath : praise the Lord.**

Antiphon 5 All ye that pass by, behold:
 And see if there be any sorrow like unto my sorrow

V. My flesh also shall rest in hope.

R. **Neither shall you suffer your Holy One to see corruption.**

Benedictus

The congregation remain seated in silence as the lights are gradually extinguished. The choir and sanctuary party alone recite the Benedictus.

Antiphon: The women also sitting at the sepulchre made lamentation:
 Weeping for the Lord.

1. Blessed be the Lord God of Israel; for he hath visited and redeemed his people,
2. **And hath raised up an horn of salvation for us in the house of his servant David**
3. As he spake by the mouth of his holy prophets, which have been since the world began:
4. **That we should be saved from our enemies, and from the hand of all that hate us;**
5. To perform the mercy promised to our fathers, and to remember his holy covenant;
6. **The oath which he sware to our father Abraham,**
7. That he would grant unto us, that we being delivered out of the hand of our enemies might serve him without fear,
8. **In holiness and righteousness before him, all the days of our life.**

9. And thou, child, shalt be called the prophet of the Highest: for thou shalt go before the face of the Lord to prepare his ways;
- 10. To give knowledge of salvation unto his people by the remission of their sins,**
11. Through the tender mercy of our God; whereby the dayspring from on high hath visited us,
- 12. To give light to them that sit in darkness and in the shadow of death, to guide our feet into the way of peace.**

Antiphon The women also sitting at the sepulchre made lamentation:
weeping for the Lord.

All kneel for the remainder of the service.

Officiant: Christ became obedient unto death, even death on a cross.
 Therefore God has highly exulted him, and bestowed on him the name above every name.

OUR Father, which art in heaven, Hallowed be thy name; Thy kingdom come; Thy will be done; In earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

Officiant: Grant, we beseech you, O Almighty God: that we who anticipate the resurrection of your Son with pious expectation, may obtain the glory of the same resurrection.

Miserere Mei - *Psalm 51 is sung by the choir*

1. Have mercy upon me, O God, after thy great goodness : according to the multitude of thy mercies do away mine offences.
2. Wash me thoroughly from my wickedness : and cleanse me from my sin.
3. For I acknowledge my faults : and my sin is ever before me.
4. Against thee only have I sinned, and done this evil in thy sight : that thou mightest be justified in thy saying, and clear when thou art judged.
5. Behold, I was shapen in wickedness : and in sin hath my mother conceived me.
6. But lo, thou requirest truth in the inward parts: and shalt make me to understand wisdom secretly.
7. Thou shalt purge me with hyssop, and I shall be clean : thou shalt wash me, and I shall be whiter than snow.

8. Thou shalt make me hear of joy and gladness : that the bones which thou hast broken may rejoice.
9. Turn thy face from my sins : and put out all my misdeeds.
10. Make me a clean heart, O God : and renew a right spirit within me.
11. Cast me not away from thy presence : and take not thy holy Spirit from me.
12. O give me the comfort of thy help again : and stablish me with thy free Spirit.
13. Then shall I teach thy ways unto the wicked : and sinners shall be converted unto thee.
14. Deliver me from blood-guiltiness, O God, thou that art the God of my health : and my tongue shall sing of thy righteousness.
15. Thou shalt open my lips, O Lord : and my mouth shall shew thy praise.
16. For thou desirest no sacrifice, else would I give it thee : but thou delightest not in burnt-offerings.
17. The sacrifice of God is a troubled spirit : a broken and contrite heart, O God, shalt thou not despise.
18. O be favourable and gracious unto Sion : build thou the walls of Jerusalem.
19. Then shalt thou be pleased with the sacrifice of righteousness, with the burnt-offerings and oblations : then shall they offer young bullocks upon thine altar.

The strepitus, signifying the earthquake that followed Christ's death, rings out from the chancel.

A single lit candle is returned to the apex of the hearse. The office of lauds now completed, please depart in silence.

**COME AND JOIN US FOR
EASTER DAY MASS**

Tomorrow at 8.00pm – The Great Vigil of Easter

Sunday – Easter Day

9am Low Mass (BCP)

10.30am Procession and High Mass

6.00pm Mass